



Aqua Boot Camp

**More classes coming
February 22nd, 2012 at the
Prince George's Sports and Learning Complex**

Meet your new drill sergeant, Walter and see if you can handle it.

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**M/W at 5:30pm
Starts February 22nd with Walter
Barcode# 820065**

Aqua Boot camp will offer an athletic approach to water fitness training. Whether you are a beginner, an avid fitness enthusiast or simply looking for a new type of workout, this aquatic adventure is for you. No experience necessary.

